

PSYCHOLOGICAL EXPERIMENT TESTING [DOMINA SHELLÉ'S CHASTITY
BRAINWASHING HYPNOSIS](#) EFFECTS ON MALE PARTICIPANTS

Report of the Effects of Princess Domina Shelle Rivers [Chastity Brainwashing
Lessons](#) on Male Participants Undergoing Experimental Psychological Testing

Following the American Psychology Association's Guidelines

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Abstract

We studied whether hypnosis combined with chastity could trigger hedonic hot spots in the brains of male participants and make them submissive.

Twenty-five male participants were asked to log their feelings of arousal, submissiveness, control, and pleasure associated with obedience (on a 1-10 scale) during the 14-day testing period. They also rated and logged the frequency of their thoughts about hypnotist Domina Shelle.

We found a very high statistical correlation (more than .99 confidence). The data established that Domina Shelle's hypnosis will trigger hedonic hot spots in the male brain, *both in and out of trance*. Combined with the hormonal fluctuations caused by her chastity commands, the hypnosis techniques used by Domina Shelle here established complete control over all 25 male participants.

Domina Shelle's hypnosis so powerfully influenced the 25 male participants that it left them begging to remain suffering in chastity even after a ten day period. Considering the normal reaction of males to chastity, that result alone was astounding.

In conclusion, our study found that Domina Shelle's power over her hypnotized male subjects in chastity was almost without limit. In other words, at the end of the study, we found that the 25 participants were utterly submissive to her commands and suggestions and willing to do anything she commanded.

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Introduction

Opening Statement: This experiment was designed to determine if Domina Shelle's [brainwashing hypnosis](#) of 25 male participants (while they were subjected to a period of chastity) would trigger the hedonic hot spots in their brains and profoundly affect their pleasure-seeking and courtship behavior.

Literature Review: It is well established by neuroscience that human limbic neural mechanisms are directly related to the brain's pleasure reactions. Pleasure centers light up when the brain's Dopamine neurotransmitters are activated. See Heath, Robert G., M.D., [Pleasure and Brain Activity in Man](#), Journal of Nervous and Mental Disease (Vol. 154, No. 1, 1972). Some refer to the pleasure centers of the brain as "hedonic hot spots."

We were particularly fascinated by Dr. Heath's comments about Patient B-19 in his well-known study. (See above). Dr. Heath implanted Patient B-19's brain with an electrode in the septal region, an area of the limbic neural net. This part of the human brain is thick with Dopamine neurotransmitters.

The electrode in B-19's brain could be activated with a hand-held remote control button. It was given to B-19 for three hours. Dr. Heath observed B-19 press that button over and over in exchange for 1 second bursts into the septal region. B-19 pushed his button as many as 1500 times in a three hour period, or approximately once every 13 seconds. When Dr. Heath attempted to halt the three-hour tests as scheduled, B-19 would protest and beg to be allowed to activate the electrode a few more times. (page 6)

Dr. K.C. Berridge undertook a 2008 study based on Dr. Heath's work. He explored the hedonic hot spots through micro-injections of drugs aimed at triggering male neuronal opioid, endocannabinoid, or related neurochemical receptors. See Berridge, K.C., [Affective neuroscience of pleasure: reward in humans and animals](#), U.S. National Library of Medicine, National Institutes of Health (Mar. 3, 2008).

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Dr. Berridge was fascinated by Dr. Heath's discussion of patient B-19:

B19's electrode-stimulation-evoked desire to stimulate again and strong sexual arousal—while never producing sexual orgasm or clear evidence of actual pleasure sensation. And the stimulation never served as a substitute for sexual acts. What it did instead was to make him want to do more sexual acts, just as it made him want to press the button more.

Id. The Berridge study concluded that that the electrode in the septal region of B-19's brain caused a feeling of arousal and "wanting" sex but with no ejaculation.

We also know that scientific studies of male hormones correlate spiking levels of testosterone and physical chastity. Males in chastity experience a sharp testosterone level spike after six to seven days to about 145% of normal. See Jiang M., [A research on the relationship between ejaculation and serum testosterone level in men](#), J Zhejiang Univ Sci. (Mar. 2003).

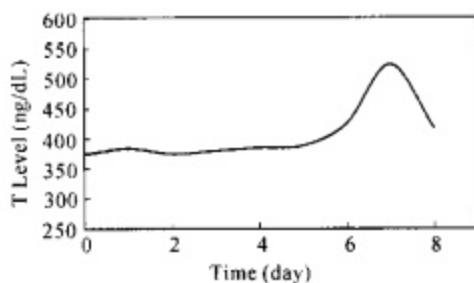
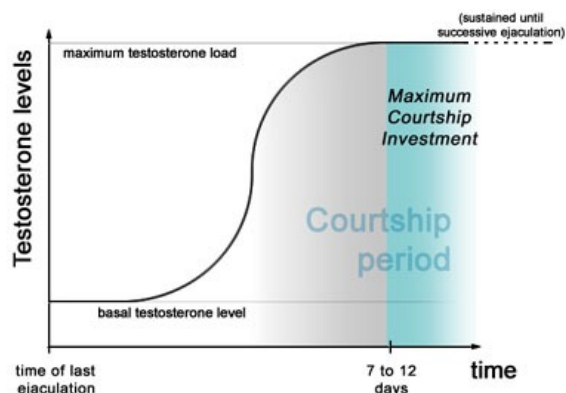


Fig.1 Serum testosterone (T) levels showed special periodic changes during the abstinence period after ejaculation. A clear testosterone peak appeared on the 7th day of abstinence.

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Finally, there is a confirmed correlation between elevated Testosterone levels, and the initiation of male courtship behavior in animals and humans. Courtship behavior is defined as the amount of work a man (or male animal) will do to please a potential mate. See Liu, Susanne, M.D., [Courtship Induction and Male Milking](#), Dream Lover Laboratories.



Study Overview: The purpose of this experiment will test whether it is possible to trigger hedonic hot spots in male participants with [Domina Shelle's chastity hypnosis files](#) while they are simultaneously subjected to chastity. One aim was to test whether hypnosis could create addictions to pleasure as shown by Dr. Heath's discussion of Patient B-19.

Our hypothesis is that if we simultaneously subject male participants to chastity and well constructed brainwashing hypnosis training the female hypnotist's training will trigger the participants' hedonic hot spots and the participants will (like B-19) become addicted to the pleasure created by her hypnosis.

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Method Section

I. **Participants:** Male volunteers from the Summissus College of Humanities. We screened 50 volunteers with questionnaires and selected the 25 males who exhibited more submissive personality traits.

We commissioned a hypnotist (Domina Shelle) to create [five hypnosis files](#). These files were designed to trigger hedonic hot spots reinforcing the pleasure centers of the brain when participants obeyed the Domina Shelle's suggestions and commands. The files also strongly imparted suggestions and commands of obedience, submission, and slavery at the point of participants' maximum physiological susceptibility caused by initiation of courtship behaviors due to chastity (after days 6 and 7).

Overall, the participants were subjected to 14 days of hypnosis, undergoing at least three sessions of hypnosis per day. The sessions were conducted in a lab on campus at the Potentatus College of Women in the School of Psychology building. We also conducted daily meetings with the participants group to discuss their feelings and make observations.

After ten days, we falsely informed the participants that the hypnosis sessions were ending and that the experiment was also ending. We denied the participants access to the hypnosis files to which they had been listening.

The participants were misinformed so we could gauge their reactions to being denied access to Domina Shelle's hypnosis. We used two methods to quantify this reaction.

First, we asked the participants to express their desire to continue through a series of verbal exercises. We also used a decibel meter to measure the participants' voice levels.

Second, we ascertained how much money the participants would spend to buy [Domina Shelle's chastity training hypnosis lessons](#).

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II. **Apparatus and Materials:** Devices to play mp3 recordings and stereo headphones. Comfortable resting couches. Lab and meeting room. Logbooks.

III. **Procedure:** Participants were informed at the outset they would receive a \$200 stipend and that they would be required to attend hypnosis sessions multiple times daily for ten days. Each day participants attended the laboratory on three occasions and subjected themselves to a chastity training hypnosis file.

Participants contemporaneously logged 5 independent variables rating their feelings on a scale of 1 to 10 at incremental periods during the 14-day testing period. The variables were as follows:

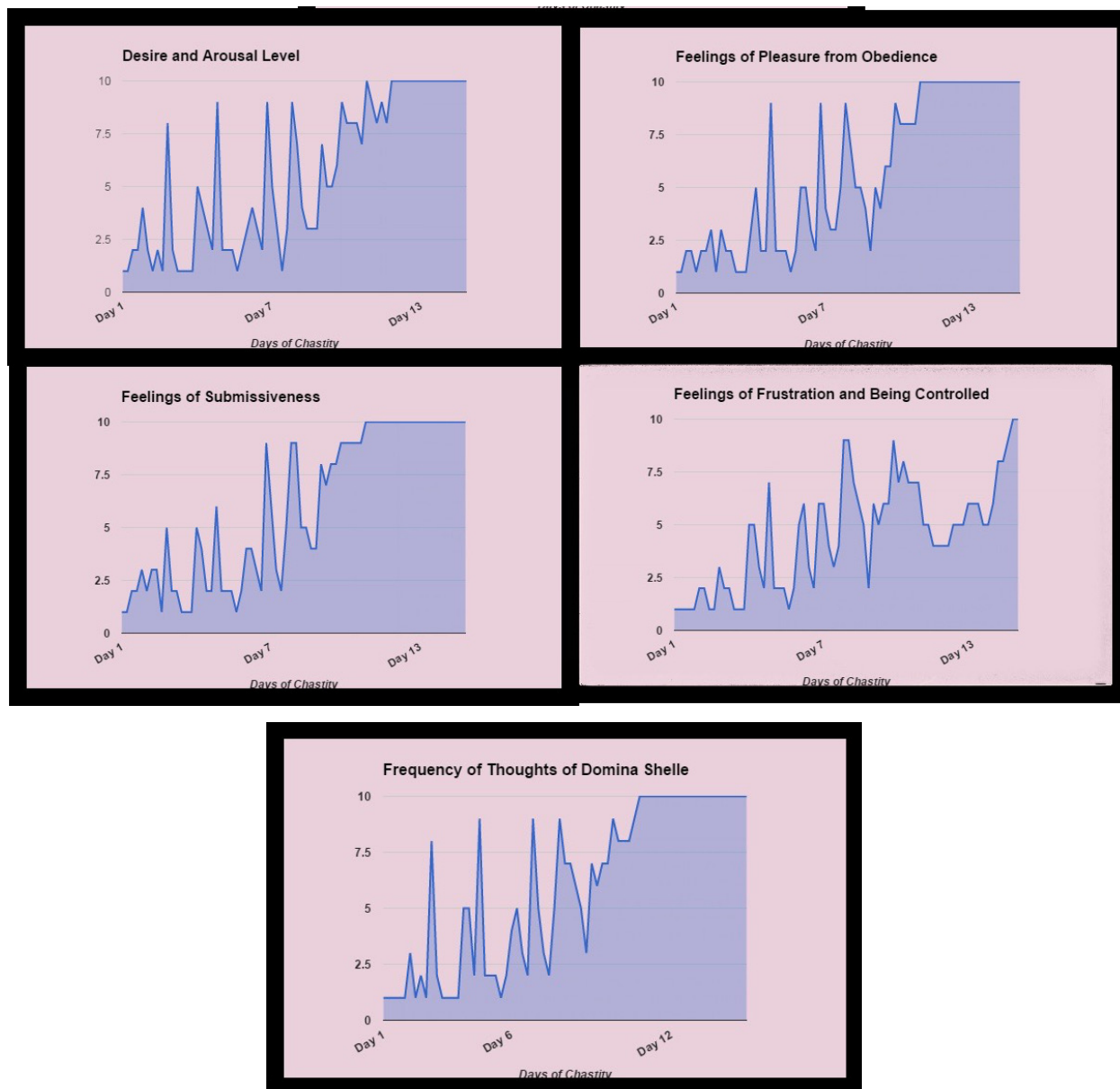
- 1) Desire and Arousal Level for the hypnotist;
- 2) Feelings of Submissiveness, Love, Obedience, and Adoration for the hypnotist;
- 3) Feelings of pleasure associated with obedience to chastity commands of the hypnotist;
- 4) Degree of frustration, and feelings of being controlled by the hypnotist; and
- 5) Frequency of their thoughts about the female hypnotist.

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Results

We obtained highly significant statistical data (confidence level .999) that proved that Domina Shelle's [chastity and the brainwashing lessons hypnosis files](#) triggered male participants' hedonic hot spots. Just like B-19 in Dr. Heath's study, our participants became addicted to the pleasure created by her hypnosis, and in fact, in the end became willing slaves of Domina Shelle.

The following tables show data collected from the participants logs:



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Note that by the end of the study, the participants expressed the highest and most intense levels (10 out of 10) in almost every category we measured. These expressions represented the absolute highest amount that could be logged.

We applied regression analysis to the data and found strong correlations between participants' thoughts about Domina Shelle, and the degree of feelings experienced *even outside of hypnosis*.

For example, note the spikes in the early days in the tables above. These spikes took place outside of hypnosis during the participants' sleep phase. All 25 participants reported nightly feelings of strong, intense, long-lasting pleasure. The participants described frequent bouts of sleep interruption by extreme sexual arousal which continued for as long as an hour while the participants day dreamed about their obedience to Domina Shelle, and the control and domination she held over their minds and bodies. The participants correlated their strong feelings of obedience and submission directly to their hypnotist mistress. Thus, we are convinced of the accuracy of our conclusion--that participants' thoughts of obedience and submission to Domina Shelle triggered hedonic hot spots in their brains.

As the study progressed, participants began thinking of Domina Shelle more and more frequently, self-triggering hedonic hot spots in their brains. As the 25 participants experienced more and more frequent and intense periods of pleasure, they began to crave these feelings more and more. Thus, Domina Shelle's hypnosis created a cycle of addiction. Moreover, participants' chastity also continued with 100% success as Domina Shell had linked obedience to her chastity commands with the triggering of the hedonic hot spots. She hypnotically suggested that the participants wanted to "save it" for her.

As noted above, we also measured the participants' desire to continue the length of the chastity experiment. After ten days of suffering in chastity most males would long to end it. We found exactly the opposite reaction in our participants. And that reaction among the 25 participants was exceptionally strong and across the board. We confirmed this in the following manner.

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On Day 10, Professor Castus told the participants the experiment would end, thanked them for their time, and told them their \$200 stipend checks were being processed. She also told them we were very happy with their participation and had achieved some amazing results. Professor Castus softly expressed a wish that we had more funding so she could continue the experiment a few more days. "Budgetary constraints," she told them, "limited our stipend payment to only \$200."

At that point, several participants expressed that they would volunteer to continue the experiment without further compensation. Professor Castus asked for a show of hands for anyone willing to continue. All 25 participants quickly raised their hands.

Professor Castus said, "This is interesting. I would like to gauge your desire to continue." She then wrote on the blackboard the following statement:

"Please Professor Castus, may I continue the chastity experiment?"

Professor Castus then asked the participants to say each word when she pointed at it. The first time through, the participants said the words in normal voices.

As planned, Professor Castus responded to this effort by telling the participants that she did not feel that they had expressed their willingness to continue the chastity experiment forcefully enough.

She repeated the exercise again and the participants began shouting the words. Time after time, Professor Castus said, "again." The participants shouted louder and louder. She made them yell so many times that their voices began to fail. Our meters were able to consistently achieve 90 dB, the maximum level for a human voice.

Professor Castus then told the participants that they had impressed her and that she would continue the experiment for four more days without any compensation to the participants. At that point she informed the participants, "In the end, however, you will no longer have access to Domina Shelle's hypnosis files."

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One of the participants asked about buying the files from the hypnotist and offered to give up his \$200 stipend in exchange.

Professor Castus then asked for a show of hands of who would give up his stipend in exchange for Domina Shelle's chastity hypnosis files. All 25 participants quickly raised their hands.

Professor Castus told them that she did not know if Domina Shelle would sell the five files for \$200. She suggested the participants should make a Dollar bid for them high enough to induce Domina Shelle into selling the files. The 25 participants submitted Dollar bids. On average, the participants offered \$500 to buy Domina Shelle's files. One participant offered \$1,500, another \$1,000. ([Domina Shelle Chastity Lesson files](#) are commercially available for \$79.)

Discussion

We conclude that Domina Shelle's hypnosis can trigger male hedonic hot spots. Moreover, when timed correctly with the male chastity courtship effects, her hypnosis can totally subjugate a participant. Participants will self trigger their own hedonic hot spots of their brains by obeying Domina Shelle's chastity commands. Her hypnosis created a cycle of addiction to pleasure. It inculcated intense desire to suffer an extended period in chastity for her. In the end, the participants in this study were fully vested and motivated to remain in their submissive chastity state for Domina Shelle.

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